



U3A Northern Illawarra Inc A Bridge to Learning

Newsletter No. 62

Editor: Ainslie Lamb

Term 3 2018

PRESIDENT'S MESSAGE

It is hard to believe but we are half way through the year already. All activities are going well and the committee is pleased to announce two new groups to begin in the new term. Ainslie is facilitating an 'Arts Hub' session based on viewing music and art DVDs (all kinds, not just classical) and to discuss what has been presented in order to develop an appreciation of them. This group will be held in the Ocean Breeze Room on 2nd and 4th Tuesdays following Brain Games.



New member Elva Ridden will be running a singing group, not a choir, but Singing for Pleasure. There is considerable research that health and social wellbeing are great outcomes of singing together. . . Elva has run this type of activity in other U3As previously and we welcome her experience. This session will be held weekly on Mondays during the term, in the Ocean Breeze Room between 12 noon and 1pm.

Don't forget to mark in your diaries our Trivia Night on September 20 at the Thirroul Bowling Club. All are welcome.

Judy Bull

FUNDRAISING TRIVIA NIGHT

**Thursday 20th September 2018, commencing at 7pm,
at Thirroul Bowling Club, Station Street, Thirroul.**

**Form a team of 6-8 people per table – family and friends welcome,
or we can make up a team for you.**

**Entry \$10 per person – snacks and drinks available at Club prices.
(Please do not bring snacks or liquid refreshments to the venue.)**

Contact Joan 0468 964 048 or jonicat7@gmail.com

Thankyou to the staff at the office of Sharon Bird MHR, who print the newsletter for us.

2018 Half-year Subscriptions

Second instalment membership fees are due by **15 August 2018** and can be paid to the Treasurer on Wednesdays; alternatively by EFT (details **Payee:** U3A NI Inc BSB: 641 800 Account Nr: 200420144)

Please wear your U3A badge at all times. Its a great in helping others to remember your name. Most important—please record your ICE (emergency contact details) on the back of your badge.

Sue Rejske, Treasurer

EXCURSION to LOFTUS TRAMWAY MUSEUM -

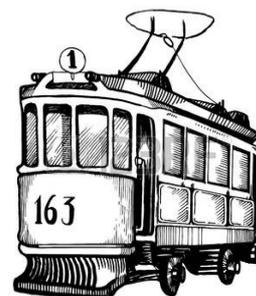
Thursday 18th July 2018 (During Term break)

Entrance fee \$12 concession

Picnic area – kiosk for light lunch; unlimited tram rides

8.46am train from Thirroul, change at Sutherland for Loftus

Coordinator Joan Fleming 0468 964 048



EXCURSION TO BERRY OPEN GARDENS

Thursday 18th October 2018 - \$5 per garden or \$20 for 8 (pay on the day)

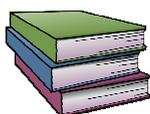
Mini-bus limited to 20 seats \$22pp bus fare in advance by 21st September (end of term) (exact cash in envelope with your name on it please)

Pick up bus stops:

8.15am Thirroul Library Community Centre

8.40am Woonona Bulli RSL

Contact Joan Fleming 0468 964 048 jonicat7@gmail.com



Bookstall – Dorn's "bring and buy" bookstall is held on the 3rd Wednesday of each month – next dates are *15th August and 19th September*. Bring along 1 or 2 good books or magazines. Proceeds go towards U3A recurrent expenses.

WOLLONGONG U3A 30th ANNIVERSARY CONCERT

Saturday 4th August, at the Fraternity Club, Fairy Meadow, 2.00 – 4.30pm.

Program features the Genevieve Sutton Dance Troupe, Zlatko's Balkan Cabaret, the Illawarra U3A Choir, soloists Nathan Flint and Emily Casser, and more. Afternoon tea included. Tickets \$20 – contact Alan Collis 0414 044 384 or Margaret Stratton.

Did you know that if you rearrange the letters of "Postmen", they get really angry.

WEDNESDAYS AT THE THIRROUL DISTRICT COMMUNITY CENTRE

Term 3 Program – 9.30am to 12noon in the Excelsior Hall

With morning tea 10.30 – 11.00am

Term 3 commences Monday 23rd July, concludes Friday 21st September.

Week 1 – Wednesday 25th July

9.30am	<ul style="list-style-type: none"> Information session Tips on Travel Photography (Part 2) 	National Geographic DVD
11.00am	Traditional Art v. Contemporary Art – is it just a matter of personal taste?	Professor Ian Brown, Honorary Professorial Fellow, School of Social Sciences, UoW.

Week 2 – Wednesday 1st August

9.30am	Sailing in the Whitsundays – a Whitsunday Adventure	Rob Glynn
11.00am	Gambling Reform	Kate de Costi, Alliance for Gambling Reform

Week 3 – Wednesday 8th August

9.30am	Thinking Outside the Square – Repurposing Church properties to meet community housing needs	Professor Michael Hough, Honorary Professorial Fellow, UoW Sydney Business School
11.00am	Demystifying energy – Alternative energy sources and tips on saving costs*	Lisa Miller, NSW Office of Environment and Heritage

* bring along your energy bills for discussion after the talk.

Week 4 – Wednesday 15th August

9.30am	“Water, water everywhere, but ” – The world water crisis	Tricia Kullik (Northern Illawarra U3A member,)
11.00am	<i>The Coherent Post</i> – a Guide to Truth in a post-truth world	Steve Green, author

Week 5 – Wednesday 22nd August

9.30am	The South Coast Writers’ Centre and the “Heroines” Project	Judi Morrison (Secretary, SCWC)
11.00am	Thirroul Men’s Shed	Bob Ascoli (Founding member of the TMS)

Week 6 – Wednesday 29th August

9.30am	Research on the Relationship between Sugar Cane Farming and The Great Barrier Reef.	Dr Lucas Ehlein, Lecturer and Research Fellow, School of Arts English and Media, UoW.
11.00am	Why Plastic isn't so Fantastic	Fiona Netting, Environment Office, Wollongong Council.

Week 7 – Wednesday 5th September - *Indigenous Literacy Day*

9.30am	Dreaming Stories	Ainslie Lamb , Stuart Traynor, and members of the Australian Studies Special Interest Group
11.00am	The History of the Overland Telegraph and Alice Springs	Stuart Traynor, author of <i>The Singing Wire</i> ,

Week 8 – Wednesday 12th September

9.30am	Legal issues about Driving and Drugs	Assoc. Professor Julia Quilter, School of Law, UoW.
11.00am	World War 1 Memorials in Australia	Geoff Sykes, local Historian and Film Maker

Week – Wednesday 19th September

9.30am	What makes an Item worthy of Heritage Listing in NSW and the Shoalhaven	Fiona Reynolds, National Trust NSW
11.00am	Dancing with the Stars of Yesteryear	Greg Scott (Wollongong U3A member)

Co-ordination of the Wednesday Talks Program.

The Term 3 program has been co-ordinated by a small group comprising Lindsay Margaret, Tricia Kullik and Judy Gibbs. The team is currently working on organising the Term 4 program: they would appreciate more people to help with this - not just providing names but actively making contact and filling the program. Are YOU prepared to help with this, and spread the load to ensure that the Wednesday program continues? If so, please talk with Lindsay about joining the co-ordinating team. Member presentations and suggestions of speakers (with contact details) are welcome.

Green Slip Money back to the owners of vehicles in the Wollongong area

In December 2017, the NSW Government introduced changes to the Compulsory Third Party (CTP) Green Slip scheme, which has resulted in lower Green Slip costs.

While many drivers have received savings on the cost of CTP since then, other drivers may be entitled to a partial refund on CTPs taken out prior to that date. If you think you could be entitled to a partial refund, visit the **MyServiceNSW** website (link to Roads) or go to the NSW Service Office in Corrimal to check your eligibility for a refund: take your Green Slip with you.

SPECIAL INTEREST GROUPS AND CLASSES DURING TERM 3
held at the Thirroul Community Centre

New members are welcome at all our groups – contact the co-ordinator for more information or just turn up on the day.

Arts Hub - (Convenor - Ainslie Lamb) – 2nd and 4th Tuesdays 11 – 12.30pm, Ocean Breeze Room. Term 3 dates – 24th July, 14th and 28th August, 11th September
24th July – Introduction to the program.

Paris The Luminous Years (Part 1 – 1903-1915)

14th August - *Graceland* – Paul Simon (Recorded New York and South Africa 1986)

28th August - To be decided by the group.

11th August - To be decided by the group.

Australian Studies (Convenor – Bill Barnetson, deputy - Lindsay Margaret)
– 2nd and 4th Mondays, 1.30 – 3pm, Black Diamond Room.

An opportunity to analyse and discuss aspects of Australian history and culture, usually two topics per session, led by individual members. Topics for Term 3 are:

23rd July - Gypsies in Australia in words and music – (Diane and Zlatko)

The Coast Road Australia – (DVD) (Peter Gibbs).

13th August – The Hon Barry Jones AO (Ron Browne)

Bill and David's Quiz

27th August – The Nugan Hand Scandal

My Life as a Diplomat (David Goss)

10th September – The making of the *Beneath Hill 60* movie (David Roach)

Ethics in Public Schools.

Balance'n'Bones (Co-ordinator - Helen Whelan).

Gentle aerobic, balancing and stretching exercises for both men and women, weekly during term, Mondays 9.30 – 10.30 commencing 23rd July and concluding 17th September.

Wear light clothing, flat shoes, bring weights if you have them, and water bottle.

Book Clubs (Co-ordinator – Bronwen Cole)

There are currently two U3A book clubs meeting monthly in the library. If you are interested in taking part, please contact Bronwen at U3A on a Wednesday morning or ring her on 42671837.

Brain Games (Co-ordinator Ainslie Lamb) – 2nd and 4th Tuesdays , 9.30 –11am, in the Ocean Breeze Room.

Term 3 dates –24th July, 14th and 28th August, 11th September

A variety of amusing activities and creative challenges to stimulate different parts of the brain. Bring paper, pencil and a sense of humour.



Drawing and Painting (Co-ordinator and tutor Jeannette Southam, Ph. 4285 1986)
– 2nd and 4th Tuesdays, 11am-1pm Escarpment Room. Unleash your creative talents for visual expression or just for the joy of it.

Term 3 dates 24th July, 14th and 28th August, 11th September

The **Current Affairs** group meets on the first and third Monday at 1.30 pm in the Black Diamond Room. A theme is discussed for the first 30 minutes and then 30 minutes is devoted first to domestic affairs and then to International Affairs, not necessarily in that order. They are set out below. All are invited to attend to listen participate or both.

August 6th – No theme, there will be enough issues from the last two months.

August 20th –Energy Policy in Australia (Leader TBA)

September 3rd – Whither the EU? (Bill Barnetson)

September 17th – The Wave of the Future (Leader David Goss)

After 6 ½ years, David Goss has retired as Convenor of the group: thankyou David for your tireless contribution.

For further information contact replacement Convenor Wolfgang Kullik (wolfandtricia@bigpond.com) or the deputy convenor Ann Brown (annbrown.bristol@gmail.com).

USA Northern Illawarra Film Society – film appreciation group.

Weekly Wednesdays, 12.30 – 3.00pm in the Excelsior Hall, Leader Rick Thompson.

Commences July 25th concludes September 19th - See p.9 for Term 3 program.

Italian Conversation (Convenor - Freda Turner, Tutors Pina MacPherson and Laura Honner) – Venerdi (Fridays) during term, *commencing 27th Juglio and concluding 21st Settembre* 9.30 -11.00am in the Ocean Breeze Room. Open to anyone with some experience in Italian.

Reading Allowed (Co-ordinator Ainslie Lamb) , 1st and 3rd Tuesdays, 11am – 12.45pm, in the Ocean Breeze Room.

Term 3 dates – *7th and 21st August, 4th and 18th September*

Reading aloud to others is a great way of sharing plays, books and short stories, and an opportunity to listen and reflect on other times, other viewpoints, other possibilities. The convenor initiates the program, but participants also have the opportunity to share a wide range of readings – humour, poetry, stories, philosophy, and whatever else takes our members' fancy. Non-readers are warmly invited as listeners.

Philosophy Forum (Convenor Roy Tang) –1st and 3rd Tuesdays, 9.30 – 11.00am in the Ocean Breeze Room.

7th August – Do we need PLAY?

21st August – What is EDUCATION?

4th September – Where does the SOUL live?

17th September – What kind of COUNTRY do we want?

Singing for Pleasure (Conducted by Elva Ridden)

Weekly on Mondays, *commencing 23rd July and concluding 17th September*, in the Ocean Breeze Room, 12 .00-1.00pm Come along and enjoy singing together.

Term 4 commences Monday 15th October concludes Friday 30th November

SPECIAL INTEREST GROUPS HELD AT OTHER LOCATIONS

Lawrence Hargrave U3A Stanwell Park

1A Railway Crescent, Stanwell Park, Hillcrest House, behind Kennett Home and Hillcrest Village. Mondays 9.30 am to 12.30pm. The first Session begins at 9.30am and the second Session begins at 11am after Morning Tea. The second session is usually Music Appreciation.

For further information contact Jenny on 4294 3475 or 0406 350 025

23 rd July	The Museum of Life	DVD
30 th July	Female Pharoah, Hatshepsut	Laura Honner
6 th August	Current Affairs (bring topical questions)	Everyone
13 th August	Paradise Lost –The New Australian Settlement in South America	Ainslie Lamb
20 th August	Age discrimination in NSW	Gerardo de Liseo
27 th August	Russian UFOs and USOs	YouTube video
3 rd September	Basic Beliefs of the Sikh Religion	Jenny Lee-Robins
10 th Sept	The Iconic Murray-Darling River Basin	Ron Browne
17 th Sept.	Current Affairs	11am The Choir (DVD)

Table Tennis – (Convenor John Ryan) – weekly on Thursdays, 10 am – 12pm at the Austinmer Uniting Church Hall, Moore Lane, Austinmer.
Commencing 26th July concluding 20th September.
 All gear (bats, table tennis balls etc) is provided, but players should wear appropriate footwear and bring a water bottle. Play for fun and fitness.

Illawarra U3A Choir (Convenor Margaret Stratton, Musical Director Yvonne McColl)
 - practices in Room 1-2 , close to the car park at the Wollongong Conservatorium of Music, Glenifer Brae, Murphy’s Avenue, Keiraville, from 1 – 3pm on Tuesdays - Term 3 commences 24th July.

New members very welcome – no auditions, just come along and enjoy singing together. It’s well documented that singing with a choir is good for your physical and mental health, and improves your sense of social cohesion and wellbeing.
 From time to time, the Choir gives recitals at each of the four Illawarra U3As whose members are in the choir, as well as at local Retirement Villages and Nursing Homes.

IPAC - Merrigong Theatre Co. - there are several members who regularly attend the Saturday 1.30 pm matinee sessions of the Merrigong Theatre productions at the IPAC in Burelli Street, Wollongong, then meet up after the show to discuss the play over coffee.

Upcoming shows are –

30th June – The Beginning of Nature

28th July The Events.

8th September - Horror

13th October – The Orchid and The Crow

Heart Foundation Walking Group – join the Sandpipers every Thursday morning at Sandon Point car park (end of Point Street Bulli) 15 minutes ahead of starting time. December to March – 8.30am start. April - November 9.00am start.

We walk for about an hour, with a short break mid-way, for 4 to 5 kms. Wear hat, sunscreen, good walking shoes, and bring drinking water.

Several of our U3A members are in the group. For further information, contact Lindsay Margaret (0404 339 508) or just turn up. Dogs on leashes also welcome.

U3A NETWORK NSW CONFERENCE, 2018

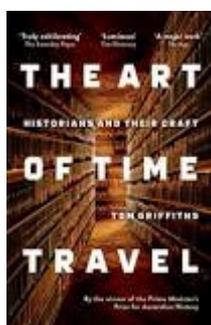
Report from South Coast Regional Representative, Margaret Stratton

What a great few days we had at the Network Conference, hosted by U3A ACT in Canberra in April. ! High marks to the organisers of speakers, workshops, catering and accommodation. Both the setting and weather were pleasant. Above all, there was a wonderfully friendly atmosphere, much sharing of ideas, problems and successes. Highlights would have to be the inspiring address of the ANU Professor Tom Griffiths on *The View from the cave: time-travelling in Australian History*, the University of Canberra's Professor Nick Clomp's enthusiastic welcome, and the talk by Doctor Caroline Fisher on the state of journalism in the digital age.



Margaret, Moira and Ainslie at the Conference.

Margaret Stratton is the South Coast Regional Representative on the U3A Network NSW Committee. The Region comprises 8 U3As – Central Illawarra, Kiama, Milton-Ulladulla, Northern Illawarra, Shellharbour City, Shoalhaven TAL, Southern Highlands, and Wollongong.



The talk by Professor Griffiths was based on his book, ***The Art of Time Travel*** (Black Books, 2016)

For years. Australians were in denial about the history of Australia prior to 1788, as well as in denial of the truth of the effects of colonisation on the Indigenous people. For U3A members interested to learn more about the true history of Australia, and the treatment and contribution of Aboriginal Australians, you can explore the issues through the eyes of 14 historians and novelists including Eleanor Dark, Mark McKenna, Inga Clendinnen, Judith Wright, Geoffrey Blainey, Henry Reynolds, Kate Grenville,

Thankyou to everyone who contributed to the Samaritan Christmas Boxes.

U3A NORTHERN ILLAWARRA FILM SOCIETY – TERM 3, 2018

Venue - Excelsior Hall, Thirroul Library and Community Centre, 12.30 - 3.30 each Wednesday during term *commencing 25th July and concluding 18th September*.
Co-ordinator: Rick Thompson. Visitors are welcome.

These sessions are about discussing the film(s), not simply watching them. A discussion follows each screening. Short films or excerpts may accompany some programs. Those films marked * will be screened with subtitles for the hard of hearing.

July 25 **The Merry Widow** (USA, 1934, 99 mins.) Directed by Ernst Lubitsch. With Maurice Chevalier, Jeanette MacDonald. In the hands of Ernst Lubitsch, Lehar's operetta becomes a model for the emerging sound musical genre: bright, witty, and stylish. A very rich German widow comes to France; suave Parisian Captain Danilo targets her romantically, with difficulties. Good example of "the Lubitsch touch".

August 1 * **Ugetsu Monogatari** (Japan, 1953, 97 mins.) Directed by Kenji Mizoguchi. Acclaimed as one of Mizoguchi's masterpieces: 16th century ghost stories follow two husbands and wives separated by feudal war and a woman's ghostly charm. Noted for Mizoguchi's use of long takes.

August 8 * **Gold Diggers of 1933**, (USA, 98 mins.) Directed by Melvyn Leroy. With Dick Powell, Ruby Keeler, Ginger Rogers. A backstage musical about the difficulties of putting on a show; features the remarkable musical numbers of Busby Berkeley: "We're In The Money"; "Shadow Waltz"; "Remember My Forgotten Man".

August 15 * **Rear Window** (USA, 1954, 115 mins.) Directed by Alfred Hitchcock). With James Stewart and Grace Kelly. Confined to a wheelchair, photographer Stewart watches other people through his window and constructs criminal explanations for their activities. A key to Hitchcock's ideas of the camera eye.

August 22 * **Germany Year Zero** (Italy, 1947, 71 mins.) Directed by Roberto Rossellini). With Edmund Mosche, Ingetraud Hinge. Two years after his **Open City**, Rossellini made this examination of war-wrecked Germany, largely through the eyes of a 12-year-old boy raised in violence and horror, trying to find solutions in the collapsed society.

August 29 * **Castle In The Sky** (Japan, 1986, 125 mins.) Directed by Hayao Miyazaki. Miyazaki, one of the world's great animated filmmakers, crafts this fantasy involving a floating castle, a magical necklace, and the unforeseen obstacles arising when a young apprentice finds a girl floating down from the sky.

September 5 * **Bronco Billy** (USA, 1980, 116 mins.) Directed by Clint Eastwood. With Eastwood, Sondra Locke. Eastwood reworks the theatrical company with difficulties theme, this time in a touring rodeo setting. Problems keep arising, but there may be a solution..

September 12 * **49 Parallel** (Great Britain, 1941, 123 mins.) Directed by Michael Powell and Emeric Pressburger. With Laurence Olivier, Anton Walbrook, Raymond Massey, and Leslie Howard. Early WWII anti-isolationist thriller: a Nazi U-boat crew is stranded in Canada. Their attempted solution is to cross the border into the still-neutral United States.

September 19 * **The Lady Eve** (USA, 1941, 93 mins.) Directed by Preston Sturges. Sly Sturges comedy tracing the roundabouts of a clever con-woman (Stanwyck) pursuing a rather naive rich young man (Fonda) on a luxury liner. Fine example of Sturges' work with character subtleties.

In keeping with the objective of the U3A movement to support research into ageing and associated health issues, you may like to support the following research -

FLUTRACKING

Funded by the Commonwealth Department of Health and run by Hunter New England Health and the HRMI University of Newcastle, Flutracking is a nationwide online health surveillance system to track flu like illness across Australia and detect epidemics of influenza.

Cold and Flu season is upon us, and while developing a bout of the Flu can have you feeling helpless, your information about it can actually be extremely helpful in tracking Flu trends in your local area

Flutracking started in 2006 and has grown to become the largest crowdsourcing influenza surveillance system in the world.

Developed by Dr Craig Dalton at HNE Health and HMRI, Flutracking works via community members signing up to receive a weekly email survey that takes just 10 seconds to complete.

The survey simply asks whether a respondent has had a cough or fever in the past week and whether they have had the annual flu vaccine.

Currently over 26,000 Australians complete this weekly survey and using this information, researchers can determine the onset of the flu season by region, severity of influenza strains and the effectiveness of current vaccines.

Each week participants are sent a report and interactive map showing flu affected areas. The over 65 age group is one of the most at-risk and FluTracking would benefit from a greater number of participants in this demographic in order to form a clearer overall picture of influenza trends and hotspots.

“Our online survey allows health professionals to see where flu is hitting the hardest, and to check its severity. You can make a real difference in just 10 seconds a week” Dr Dalton said.

To find out more and join up to become a part of the Flutracking community go to www.flutracking.net

Scott Harrison
Flutracking Project Manager
0404 044 259
Scott.Harrison@hnehealth.nsw.gov.au

U3A in China:

The Peoples' Republic of China takes education seriously. It needs to: it has 200 million over the age of 50 and must find ways to keep them busy, and above all, healthy. The answer is the Chinese Association of Universities for the Aged – it is 60,000 strong and more than 7 million people currently study in them. It is worth noting that there are now more than 802 million Mandarin speakers using the Internet.

From World U3A Signposts, May 2018

Why You're Probably not Addicted to your Smart Phone

23 February 2018 <https://sydney.edu.au/brain-mind/>

Obsessively checking your smart phone apps might look like addiction, but is it? Dr Andrew Campbell, a University of Sydney expert in cyberpsychology, explains and offers evidence-based tips to reduce smart phone use.

The term “addiction” is often bandied about when we think someone spends too much time on something we deem detrimental to their health and well-being. From checking our phones repetitively, to playing with specific apps and texting, the modern culprit is excessive smart phone use.

Worldwide, more than two billion people own smart phones and the average user checks their phone 85 times a day. Obsessively checking our smart phone apps may look like addiction but, for most people, it is reinforced behaviour that could be broken without severe or long-lasting withdrawal effects. Having said this, a small proportion of people may be more prone to behavioural addictions to smart phone functions such as online gambling, pornography, games and social media. Clinically speaking, you can't become addicted to a device, but you can develop behavioural addictions to smart phone functions.

Rather than addiction, smart phone users more commonly report obsessive behaviour. Users constantly check their phone, seeking opportunities for a short dopamine reward, or a distraction from boredom or mundane tasks such as travelling on public transport.

Nonetheless, some researchers have yet to rule out the potential for smart phone addiction in people who are at high risk of behaviour addiction. These people may experience several negative behavioural changes over time, such as anxiety and irritability, as well as extreme distress when they're unable to access their smart phone.

Book Review - *Counting Sheep: How to Cure Insomnia*, by Leicester Meriwether (BaaBooks, 2018)

The suggestion that counting sheep will help an insomniac to sleep has been given concrete and pragmatic support in this book, written by a fifth generation sheep farmer from the Hay Plains.



The book is produced in a pocket sized format, and contains 48 pages. The title page has a row of 8 sheep along each of the top and foot of the page. There are 4 chapters in the book - *Sheep Breeds*, *Sheep Maintenance*, *Sheep Shearing* and *Recipes with Lamb or Mutton*, each of 11 pages. Each page in each chapter features 12 rows of 8 sheep, except for the chapter title page which has 2 rows less to accommodate the chapter title. Additionally, the first and last sheep on the first and last rows of each chapter are replaced with a sheep dog.

On page 47, readers are asked to consider and answer three questions:

1. How many sheep are there in the book?
2. How is the number calculated?
3. What are the names of the sheepdogs?

[Answers to these questions are on the next page]

Management Committee 2018 - Contact Details

President - Judy Bull Tel: 4267 2417

Vice-President – Development - Ainslie Lamb Tel: 4283 7818

Treasurer – Sue Rejske

Secretary – and Web administrator – Peter Gibbs Tel: 4284 4705

Address correspondence to:

The Secretary, U3A Northern Illawarra, PO Box 849 Thirroul NSW 2515

Publicity Officer. Moira Anderson Tel: 0415 673 124

Committee members

Beth Denny	Tel: 4283 3193
Glad Doherty	Tel: 4284 4286
Joan Fleming	Tel: 0468 964 048
Judy Gibbs	Tel: 4284 4705
Tricia Kullik	Tel: 0405 768 642
Lindsay Margaret	Tel: 0404 339 508
Margaret Stratton	Tel 4267 3161

Wednesday Talks Co-ordinators Lindsay Margaret and Tricia Kullik (with a little help from their friends)

Audio Visual facilities – Alan Taylor Tel: 4283 4587

Friendship Officer - Beth Denny Tel: 4283 3193
or email beth.denny41@gmail.com

Safety Officer – Glad Doherty Tel: 6284 4286

Newsletter Editor - Ainslie Lamb Tel: 4283 7818 *Proofreader* – Ron Browne

Public Officer -: Peter Gibbs, Site 550, 201 Pioneer Road, Fairy Meadow NSW 2519

Website: www.northernillawarra.u3anet.org.au

The Newsletter of the U3A of the Northern Illawarra is produced five times a year, providing advance notice of courses, speakers and topics, and other activities for each Term. Each edition will be available for collection on the first day of Term 1, and on the final day of each term, to give advance notice of activities in the following term.

The Newsletter can also be accessed on www.northernillawarra.u3anet.org.au
If you prefer to have your Newsletter posted to you, hand or send a stamped self-addressed envelope marked “U3A Newsletter” to Ainslie Lamb, 12 Station Street, Corrimal 2518.

Deadline for contributions to Term 4 Newsletter –Wednesday 5th September

Answers to questions on *Counting Sheep*:

1. 4140 (although there is no record of anyone reading past page 6).
2. Read the sheep in single file, counting the legs and dividing by 4.
3. All are called Paddy – the author advises the reader that he’s ‘got better things to do than think up names for dogs.’